



ASTER



HEALTHY

- Granola, gluten free, milk / Greek yoghurt£4.50
- Coconut yoghurt, chia seeds, berry compote.....£5.00
- Oat porridge with cow's milk / soya milk, honey, raisins & seeds.....£4.00
- Little pot of goodness£4.00
- Fresh fruit salad£4.50
- ½ grapefruit.....£3.00

BAKERY

- Basket; sourdough toast, fig & walnut brioche, cinnamon bun£5.00
- Toast, butter, house preserves.....£2.50
- Croissant / Pain au chocolat / Pain au raisin.....£1.50

PANCAKES

- Crème fraîche, banana, maple syrup£7.50
- Ricotta, berry compote, whipped cream.....£7.50

SPECIALITIES

- The Aster**
Two Burford Brown eggs your style, little pot of goodness, Cumberland chipolatas, avocado on rye, coffee & juice £12.50

- The Vegetarian**
Two Burford Brown eggs your style, coco beans, roast tomato, rosemary mushrooms, spinach£7.50

- The English**
Two Burford Brown eggs your style, smoked bacon, beans, tomato, mushrooms, Cumberland chipolatas£8.50

- The Nordic**
Sherry herrings, smoked vendace, cured salmon, pickled cucumber, crispy rye, egg butter..... £13.50

EGGS

- Eggs Florentine, kale, muffin, hollandaise, pumpkin seeds.....£6.00 / 10.00
- Eggs Benedict, honey roast ham, muffin, hollandaise, bacon crumb.....£6.50 / 11.00
- Victoria, poached egg, lobster, seeded rye, truffle hollandaise..... £14.00
- Eggs scrambled, smoked salmon, seeded rye toast £11.00
- Pair of soft boiled eggs, soldier's £6.00
- Two eggs your style, toast £6.50

SIDES

- Home cooked ham £3.50 each
- Smoked bacon
- Venison sausage
- Aster cured salmon
- Avocado, lemon & cress
- Rosemary mushrooms

JUICES £3.50

- Fresh squeezed Orange, Grapefruit, Apple Cranberry, Pineapple

SMOOTHIES £4.50

- The Green Star:** Granny Smith, pear, celery and kale
- Stress Free:** yellow beetroot, carrot, apple
- All in One:** Almond milk, banana, oats, cocoa nibs

MY CUP OF TEA £2.50

- English Breakfast, Earl Grey, Darjeeling, Camomile Peppermint, Green Tea, Fresh Mint

COFFEE & CHOCOLATE

- Espresso £1.90 / £2.20
- Cappuccino £2.50 Latte £2.50
- Americano £2.20 Hot chocolate £3.50
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- (soya milk and almond milk available)

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If you have any food allergies or dietary requirements please let us know. Gluten and dairy-allergy menus are available